

**Waterloo Region Family Network
Seminar/Workshop Schedule
2010**

**Tuesday, January 12, 2010 Financial Education for Families Dealing with a Disability
7 – 9 pm – Planning Concepts and Related Disability Issues –**

Mike Simpson, Consultant with Investors Group Financial Services Inc., will answer your questions and share information on the following:

Financial Planning – the Process, You and Consultants
Ontario Disability Support Program (ODSP)
Henson Trusts
Registered Disability Savings Plans (RDSPs)

**Thursday, February 11, 2010 Music Therapy – Tell Me More!
7 – 9 pm**

Taryn McKinnon is an accredited music therapist who has been working in Waterloo Region since 2002. She has her own music therapy practice, ♪MusicAbility♪ serving children with a wide variety of needs and diagnoses.

This workshop will cover the following:

Definition of Music Therapy
What does Music Therapy look and sound like?
What are the goals of Music Therapy?
Why is Music Therapy effective?

Bring your questions and be ready for a musical evening!

**Thursday, March 11, 2010 A Natural Approach to Treating
7 – 9 pm Autism Spectrum Disorders**

Local Naturopathic Doctor, Robin Walsh, will present on a natural approach to treating Autism Spectrum Disorders. She will explain some of the tests available, and how to develop a natural treatment plan that suits your child and your family. A segment of the presentation will be devoted to answering questions from parents.

Wednesday, April 7, 2010
7 – 9 pm

Joint Session:
Toilet Training for Children with Special Needs –
The Bladder and Bowel
and
Help Me, Help You –
Toilet Training Issues and Strategies

Dorothy Harris, Continence Management Nurse Clinician with Thames Valley Children's Centre will discuss bladder and bowel issues and strategies that may work for your child. Jackie Gorven and Heidi Olsen, Autism Resource Facilitators with ErinoakKids, will provide parents with an understanding of the issues and simple strategies related to toilet training for children with ASD and other special needs.

Thursday, April 22, 2010
7 – 9 pm

Sleep Disturbances in Children With Special Needs

Dr. Teresa Carter, a Developmental Paediatrician, will discuss the science of sleep for children, outline specific issues related to children with special needs and discuss strategies to promote good sleep patterns.

All seminars/workshops are held in the Pavilion at KidsAbility in Waterloo.

To register for any of the above seminars/workshops
please e-mail wrfn@kidsability.ca
or call 519-886-8886 ext. 565

